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Research Article

Reproductive biology

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# Reduced maternal expression of adrenomedullin disrupts fertility, placentation, and fetal growth in mice

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**Adrenomedullin (AM) is a multifunctional peptide vasodilator that is essential for life. Plasma AM expression dramatically increases during pregnancy, and alterations in its levels are associated with complications of pregnancy including fetal growth restriction (FGR) and preeclampsia. Using  $AM^{+/-}$  female mice with genetically reduced AM expression, we demonstrate that fetal growth and placental development are seriously compromised by this modest decrease in expression.  $AM^{+/-}$  female mice had reduced fertility characterized by FGR. The incidence of FGR was also influenced by the genotype of the embryo, since  $AM^{+/-}$  embryos were more often affected than either  $AM^{+/-}$  or  $AM^{+/+}$  embryos. We demonstrate that fetal trophoblast cells and the maternal uterine wall have coordinated and localized increases in AM gene expression at the time of implantation. Placentas from growth-restricted embryos showed defects in trophoblast cell invasion, similar to defects that underlie human preeclampsia and placenta accreta. Our data provide a genetic *in vivo* model to implicate both maternal and, to a lesser extent, embryonic levels of AM in the processes of implantation, placentation, and subsequent fetal growth. This study provides the first genetic evidence to our knowledge to suggest that a modest reduction in human AM expression during pregnancy may have an unfavorable impact on reproduction.**

## Introduction

Normal mammalian fetal growth and survival depend on the proper development and function of the placenta, which serves to maintain a maternal-fetal interface for the exchange of blood gases, nutrients, and waste. Reductions in placental blood flow due to placental abruption (placental/uterine detachment), placenta previa (low placental/uterine attachment), or local uterine infection are known causes of fetal growth restriction (FGR) in humans (reviewed in ref. 1). Likewise, physiological disruption of placental blood flow in sheep (2), guinea pigs (3), and rats (4–6) also leads to FGR. Most recently, as reviewed by Rossant and Cross (7), the increasing number of genetically modified mouse models with fetal developmental defects caused by abnormal placental development or function underscores the importance of a fully functional placenta for normal fetal growth and survival.

The earliest stages of placental development in humans and mice occur during implantation, when mural trophoblast cells from the fetal blastocyst attach and invade the receptive maternal uterine wall. Although there are morphological differences between humans and mice in the type of implantation that occurs (humans undergo interstitial implantation, while mice have eccentric implantation), the eventual fate and function of the trophoblast — to bring fetal placental tissue into contact with maternal blood — are conserved (8). Consequently, the trophoblast cells of the blastocyst differentiate into polyploid trophoblast cells (called trophoblast giant cells [TGCs] in mice and extravillous cytotrophoblasts in humans), which invade deeply

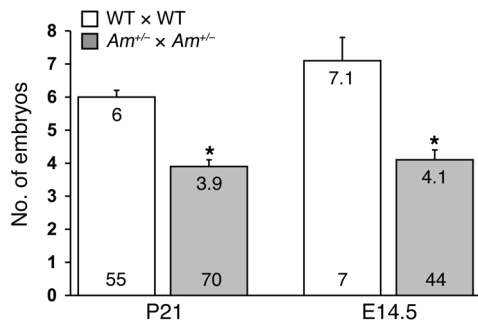
into the receptive uterine lining, providing an endothelium-like barrier to support a low-resistance, hemochorial placental network. The process through which these specialized cells become invasive likely involves a complex dialogue between the embryo and uterus comprised of numerous biological processes such as vasodilation, angiogenesis, cellular growth and differentiation, and tissue remodeling (9). Each of these processes in turn is mediated by a group of diverse gene products — an increasing number of which are still being identified — that form a “local cocktail” of factors essential for the appropriate recognition, attachment, and invasion of the blastocyst to the uterine wall (10). The diversity of factors required for normal implantation is aptly reflected by the wide variety of mutant gene products in genetically engineered mice that affect normal placental development (10, 11). Moreover, defects in the ability of trophoblast cells to fully invade the maternal uterine wall and vessels are thought to underlie many serious reproductive conditions in humans, such as preeclampsia, spontaneous abortion, and FGR (12, 13). Conversely, in placenta accreta, an overgrowth of fetal placental tissue beyond the maternal decidua causes abnormal anchoring of the placenta to the uterine myometrium (14, 15). Thus, there is a growing interest in identifying the cohort of genes and factors that are expressed and secreted by maternal and/or fetal tissues within the local implantation site and determining how these factors come together to control normal implantation, placentation, and fetal growth.

Adrenomedullin (AM) is a multifunctional peptide that incorporates many of the biological functions associated with normal implantation. It is now recognized that this 52-amino-acid peptide, identified over a decade ago as a potent vasodilator (16), can also act as an angiogenic factor, growth factor, natriuretic factor, immune modulator, and antimicrobial agent, to name a few functions (17). AM, its G protein-coupled receptor (calcitonin receptor-like receptor [CLR]), and its associated receptor activity-

**Nonstandard abbreviations used:** AM, adrenomedullin; CLR, calcitonin receptor-like receptor; EGFP, enhanced GFP; FGR, fetal growth restriction; RAMP, receptor activity-modifying protein; TGC, trophoblast giant cell; TS cell, trophoblast stem cell.

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**Figure 1**  
Reduced litter size in *AM*<sup>+/+</sup> matings. The average number of viable offspring at postnatal day 21 and the average number of embryos at gestational day E14.5 were determined for wild-type matings (white bars) and *AM*<sup>+/+</sup> intercrosses (gray bars). The actual average number is recorded at the top of each bar, while the number at the bottom of the bar represents the number of litters examined for each cross. \**P* < 0.01 compared with wild-type crosses.

modifying proteins (RAMPs) are expressed by numerous reproductive tissues including the uterine endometrium (18), fetal membranes (19, 20), placenta (21), and trophoblast cells (19, 22–26), suggesting an important role for AM signaling in either fetal development or maternal adaptation to pregnancy.

Plasma levels of AM generally increase approximately 2-fold in response to a variety of cardiovascular conditions such as essential hypertension, renal failure, and congestive heart failure (27, 28). Yet one of the greatest increases in plasma AM levels occurs during the course of a normal pregnancy, when plasma levels of the peptide, secreted by the placenta, are 4- to 5-fold higher by the third trimester (21, 29–32) and rapidly return to pre-pregnancy values after delivery (21). As recently reviewed by Wilson et al. and Di Iorio et al., numerous clinical studies have attempted to correlate altered AM levels with a variety of pregnancy complications, including pre-eclampsia, spontaneous abortion, gestational diabetes, and FGR (33, 34). However, the findings are inconsistent among groups and are significantly affected by sampling time and the types of tissue that can be reasonably obtained from human pregnancies.

Our previous work using knockout mice has demonstrated the importance of fetal *AM* for survival, since *AM*<sup>-/-</sup> embryos that completely lack endogenous *AM* die at mid-gestation (E14.5) from extreme hydrops fetalis and cardiovascular defects (35). However, the effects of genetically reduced maternal and/or fetal *AM* levels on fertility and reproduction have not been described. Therefore, in this article we have used our genetically engineered *AM*<sup>+/+</sup> mice to ask whether a modest change in the level of expression of the *AM* gene affects pregnancy, placentation, and fetal growth.

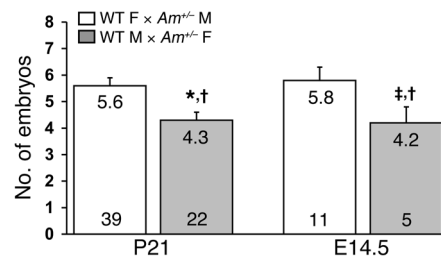
**Results**

*Reduced litter size in AM*<sup>+/+</sup> matings that is independent of *AM*<sup>-/-</sup> embryonic lethality. During the course of our studies to characterize the embryonic lethal phenotype of *AM*<sup>-/-</sup> embryos that occurs at E14.5 (35), we noticed a small but consistent decrease in the number of weaned offspring (~2.1 pups per litter) resulting from *AM*<sup>+/+</sup> heterozygote intercrosses compared with wild-type matings (Figure 1), which appeared greater than would be expected from the Mendelian in utero loss of *AM*<sup>-/-</sup> embryos alone (expected loss of 1.5 pups per litter). Therefore, to determine whether *AM*<sup>+/+</sup> matings

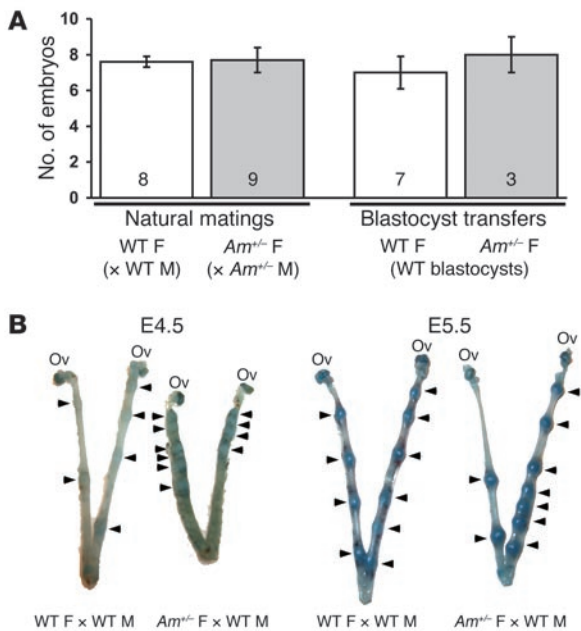
resulted in a greater reduction in litter sizes than that expected from *AM*<sup>-/-</sup> embryonic lethality, we established timed pregnancies and counted the total number of viable, healthy embryos at E14.5, including in our assessment *AM*<sup>-/-</sup> embryos but excluding embryonic resorptions. We still found a significantly smaller litter size (4.1 pups per litter) compared with that resulting from similar timed pregnancies in wild-type 129S6/SvEv intercrosses (7.1 pups per litter) (Figure 1). Similar results were obtained when the litter sizes of wild-type and *AM*<sup>+/+</sup> females born to wild-type dams were compared (*AM*<sup>+/+</sup>, 4.2, *n* = 25 litters versus wild-type, 7.2, *n* = 6, at E14.5; *P* < 0.004), thereby ruling out any adverse effects of inherited epigenetic factors on the *AM*<sup>+/+</sup> phenotype. These data demonstrate that *AM*<sup>+/+</sup> intercrosses result in reduced fertility that occurs before the embryonic lethal loss of *AM*<sup>-/-</sup> embryos at E14.5.

*Reduced litter size correlates with maternal AM*<sup>+/+</sup> genotype. To determine whether the reduced fertility among *AM*<sup>+/+</sup> intercrosses was associated with the maternal and/or paternal *AM*<sup>+/+</sup> genotype, reciprocal matings were established in which only 1 parent was heterozygous for the targeted *AM* allele. The numbers of viable offspring at weaning and at E14.5 were determined and compared with those of either the opposite reciprocal cross or wild-type matings. We found a statistically significant drop in litter size in female *AM*<sup>+/+</sup> × male wild-type matings examined at either postnatal day 21 or E14.5 compared with that in either male *AM*<sup>+/+</sup> × female 129S6/SvEv or 129S6/SvEv intercrosses (Figure 2; *P* < 0.05 and *P* < 0.001, respectively). The number of viable offspring from male *AM*<sup>+/+</sup> × female 129S6/SvEv crosses did not differ significantly from that from female *AM*<sup>+/+</sup> × male wild-type matings or 129S6/SvEv intercrosses at weaning or at E14.5. Incidentally, the wild-type/heterozygote ratio of offspring from both reciprocal crosses was the expected Mendelian ratio of 54%:46% (male *AM*<sup>+/+</sup> × female wild-type) and 45%:55% (female *AM*<sup>+/+</sup> × male wild-type), demonstrating that neither the paternal nor the maternal *AM* allele is silenced by imprinting. Results from these reciprocal breeding studies establish that fertility defects observed in *AM*<sup>+/+</sup> × 129S6/SvEv crosses are caused largely by the heterozygous genotype of the mother.

*Abnormal implantation spacing in AM*<sup>+/+</sup> females. To determine the gestational stage at which embryonic loss occurred in *AM*<sup>+/+</sup> females, *AM*<sup>+/+</sup> intercrosses were established, and litters were dis-



**Figure 2**  
Reduced litter size correlates with maternal *AM*<sup>+/+</sup> genotype. Reciprocal heterozygote × wild-type matings were established, and the number of viable offspring at postnatal day 21 and the average number of embryos at gestational day 14.5 were determined. The gray bars represent wild-type males crossed with *AM*<sup>+/+</sup> females and the white bars represent wild-type females crossed with *AM*<sup>+/+</sup> males. The actual average number for each cross is recorded at the top of each bar, while the number at the bottom of the bar represents the number of litters examined for each cross. \**P* < 0.01, †*P* < 0.05 compared with the reciprocal cross; ‡*P* < 0.01 compared with wild-type crosses (Figure 1).



sected at various days between E5.5 and E8.5. Assessing litter size and embryonic viability during this gestational window provided information about the ability and efficiency of *AM*<sup>+/-</sup> female mice to ovulate, mate, and undergo fertilization and implantation. We found no significant difference in the total number or viability of embryos from natural *AM*<sup>+/-</sup> intercrosses compared with 129S6/SvEv wild-type natural matings (Figure 3A). Furthermore, transfer of wild-type blastocysts into receptive wild-type or *AM*<sup>+/-</sup> females also resulted in an equivalent number of implantations for *AM*<sup>+/-</sup> females compared with wild-type females (Figure 3A). Evans blue dye injection at E4.5 or E5.5 did not reveal any significant differences in the size of the conceptuses between *AM*<sup>+/-</sup> and wild-type females, suggesting that the timing of implantation in *AM*<sup>+/-</sup> female mice was appropriate (Figure 3B). However, the implantation staining revealed overcrowded conceptuses and abnormal spacing in *AM*<sup>+/-</sup> females compared with WT littermates (Figure

**Figure 3**

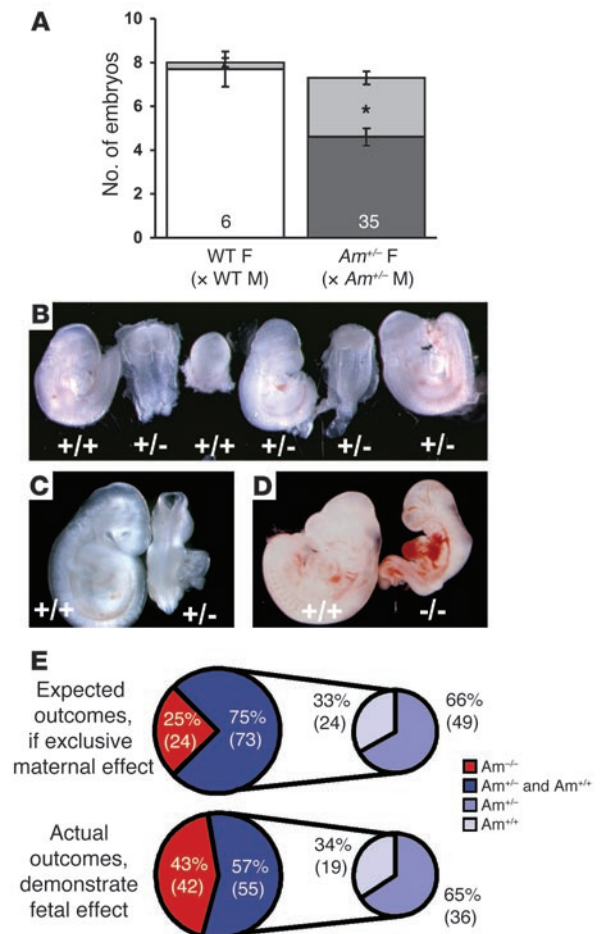
Abnormal implantation spacing in *AM*<sup>+/-</sup> females. **(A)** Timed natural matings or blastocyst transfers were performed in wild-type (white bars) and *AM*<sup>+/-</sup> female mice (gray bars). The number of implanted embryos was determined between gestational stages E5.5 and E8.5. The number at the bottom of the bars represents the number of litters examined for each cross. **(B)** Evans blue dye injections of pregnant wild-type and *AM*<sup>+/-</sup> female mice at gestational stages E4.5 and E5.5 revealed comparable conceptus sizes, demonstrating that timing of implantation was conserved in *AM*<sup>+/-</sup> female mice. However, *AM*<sup>+/-</sup> female mice displayed abnormal spacing of and overcrowded conceptuses in the uterine horn (arrowheads) compared with wild-type control females.

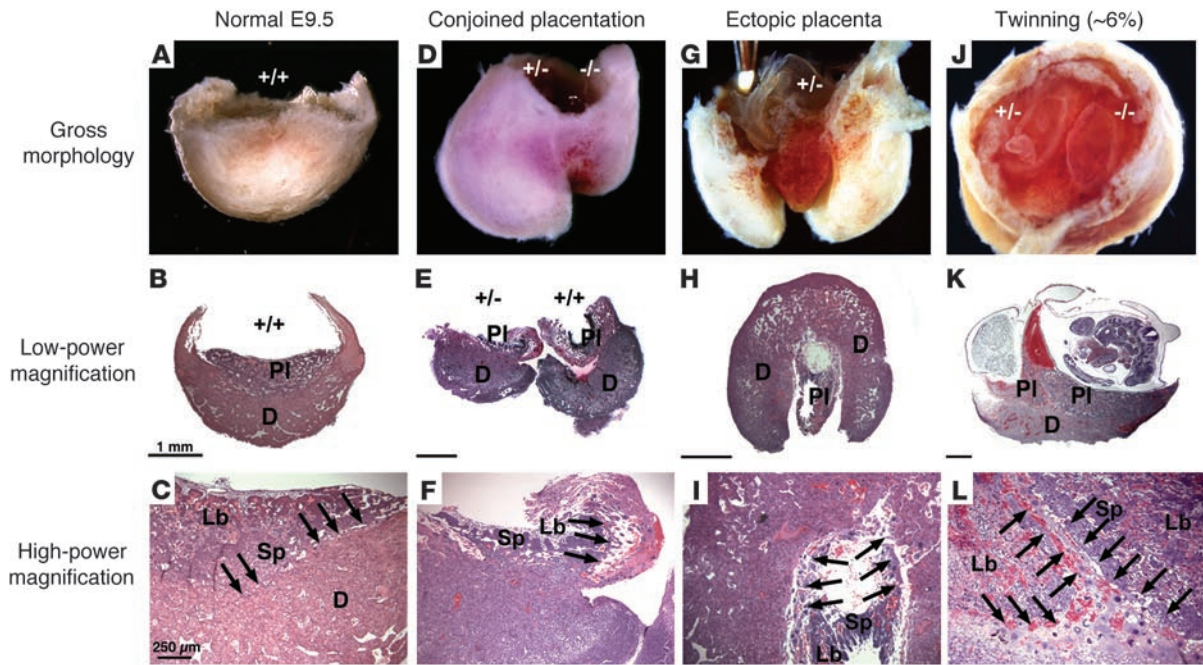
3B, arrowheads). Taken together, these results demonstrate that ovulation, fertilization, success rate and timing of implantation, and embryonic development up to E8.5 are not significantly different when the mother is heterozygous for *AM*. However, *AM*<sup>+/-</sup> females display abnormal spacing of and overcrowded conceptuses within the uterine horns.

*Embryonic loss in AM<sup>+/-</sup> matings is concurrent with placental development.* Using *AM*<sup>+/-</sup> intercrosses and 129S6/SvEv wild-type matings, we next examined litters between gestational days E9.5 and E12.5, which correlates with the development and maturation of the functional placenta in the mouse. Among the 6 litters of wild-type matings that were examined between E9.5 and E12.5, we found 2 of 48 total embryos were either resorbed or severely malformed (4%

**Figure 4**

FGR and developmental defects correlate with placentation and fetal *AM* genotype. **(A)** Timed matings were established for wild-type (white bar) and *AM*<sup>+/-</sup> crosses (dark gray bar), and viable embryos were counted for gestational stages E9.5–E12.5. Severely growth restricted or resorbed embryos were included in the total litter size and are represented by the light gray area of the bars. \**P* < 0.001, viable embryos from *AM*<sup>+/-</sup> intercrosses compared with viable embryos from wild-type crosses at the same gestational stage. **(B)** Representative E9.5 litter from *AM*<sup>+/-</sup> intercross. The genotype of each embryo is indicated below. Note that growth restriction occurred in *AM*<sup>+/-</sup> and *AM*<sup>+/+</sup> embryos. **(C)** Severe growth restriction and failure of neural tube closure in an *AM*<sup>+/-</sup> embryo (right) compared with an *AM*<sup>+/+</sup> littermate (left) isolated at E9.5. **(D)** Moderate growth restriction and severe heart malformations in an *AM*<sup>+/-</sup> embryo (right) compared with an *AM*<sup>+/+</sup> littermate (left) isolated at E9.5. **(E)** Expected outcomes and actual outcomes for genotypes of growth-restricted or abnormal embryos expressed as a percentage of total affected embryos. The smaller pie charts only include *AM*<sup>+/-</sup> and *AM*<sup>+/+</sup> affected embryos. Data are representative of 35 *AM*<sup>+/-</sup> litters examined at E9.5, which included 97 growth-restricted or malformed embryos.





**Figure 5**

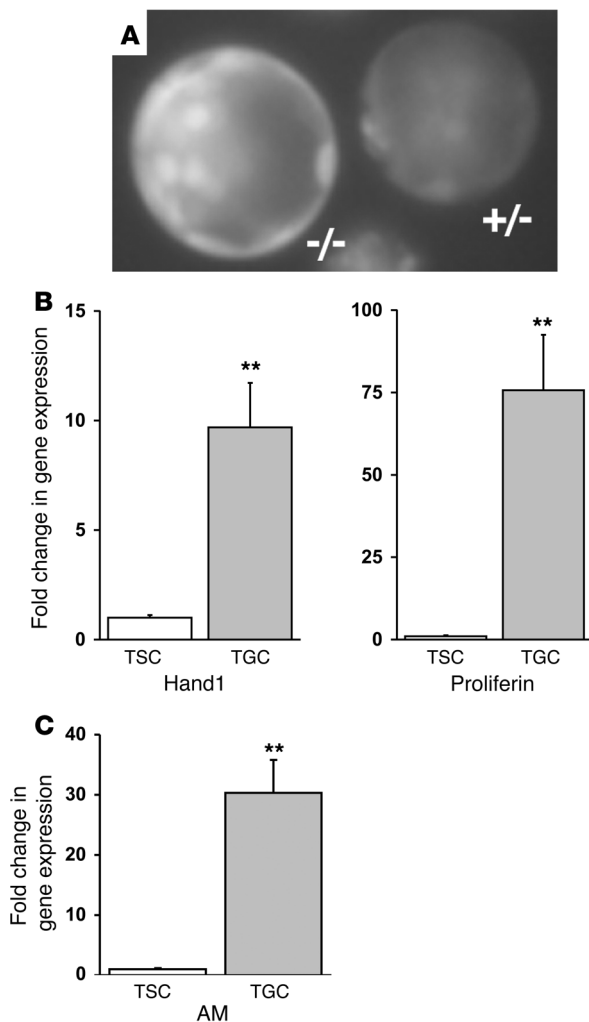
High incidence of morphological placental defects in  $AM^{+/-}$  intercrosses at E9.5. (A) Saggital image of WT placental/decidual unit from E9.5 wild-type cross. Embryo and fetal membranes were removed. (B) H&E section of the sample in A, revealing fetal placental and maternal decidual tissues. (C) Normal histology of placental layers and maternal-fetal interface. (D) Saggital image of 2 placental/decidual units from E9.5  $AM^{+/-}$  intercross. Note the juxtaposition of implantations, with fusion of decidua and smaller size of right placental/decidual unit. The right embryo was growth restricted. (E) H&E section of another conjoined placenta unit embedded in the same juxtaposed manner as in uterus. The right sample has detached maternal-fetal interface, with invasion of the ectopic placenta from the left embryo. (F) Abnormal invasion of TGCs (arrows), small labyrinth layer, significantly reduced spongiotrophoblast layer, and almost no maternal-fetal interface are present. (G) Saggital image of placental/decidual unit with ectopic placenta that has overgrown the decidual tissue. (H and I) H&E sections through distal pole of the sample in G. Note the absence of placental layers and maternal-fetal interface and the presence of edema. (J) Rostral image of twinned placental/decidual unit from E9.5  $AM^{+/-}$  intercross. Note 2 fetal membranes within 1 decidua. Neither embryo appeared growth restricted. (K) H&E section through another twinned conceptus unit. Note shared decidua, 2 placentas, pool of maternal blood, and growth-restricted embryo. Genotypes were not determined. (L) Maternal-fetal interface of the sample in K. Arrows show 2 populations of TGCs invading at the same place. PI, placenta; D, decidua; Lb, labyrinth; Sp, spongiotrophoblast. Arrows show TGCs. Scale bars: 1 mm (B, E, H, and K); 250  $\mu$ m (C, F, I, and L).

affected, represented as light gray in Figure 4A, left). In contrast, among the 35 dissected litters from  $AM^{+/-}$  intercrosses, we found that 97 of 257 total embryos were either resorbed or severely malformed (38% affected, represented as light gray in Figure 4A, right). Importantly, this high percentage of embryonic loss is consistent with the assessment of reduced litter sizes at E14.5 and postnatal day 21 (42% and 35%, compared with 129S6/SvEv wild-type matings; shown in Figure 1). We conclude that the reduced fertility observed in the female  $AM^{+/-}$  mice is due to embryonic loss that occurs between E9.5 and E12.5, a time that precedes the loss of  $AM^{-/-}$  embryos and is simultaneous with the development of a mature and functional placenta.

Morphological characterization of embryos from  $AM^{+/-}$  intercrosses at E9.5 revealed a high incidence of FGR and abnormal embryonic development. In a representative litter from an  $AM^{+/-}$  intercross at E9.5, 3 of 6 embryos were severely developmentally delayed by as much as 2–4 days compared with normal E9.5 littermates (Figure 4B). We also observed a high incidence of morphological and developmental abnormalities that included failure of neural tube closure (Figure 4C), torqued body symmetry, and severe heart malformations (Figure 4D), which together are indicative of placental insufficiency.

*FGR and developmental defects occur more often in  $AM^{-/-}$  embryos.* Genotyping of the growth-restricted and malformed embryos revealed that homozygous loss of AM in the embryo is associated with a greater incidence of FGR and demise. As illustrated in Figure 4E, if the observed FGR were solely caused by maternal reduction in AM expression, then one would expect that the incidence of FGR should be random with respect to genotype and thus follow Mendelian distribution (top diagram of Figure 4E). However, our genotyping analysis revealed that 43% of the growth-restricted embryos were  $AM^{-/-}$ , nearly twice the expected random incidence of 25% (bottom diagram of Figure 4E). More than half (57%) of the growth-restricted embryos were either  $AM^{+/+}$  or  $AM^{+/-}$ , yet their relative distribution to each other remained in the expected 2:1 ratio (19  $AM^{+/+}$ :36  $AM^{+/-}$ ; small pie charts). These genotyping analyses allow us to conclude that while heterozygous loss of embryonic AM does not significantly contribute to the growth restriction phenotype, complete loss of AM in the embryo is significantly detrimental to the process of early fetal growth and development.

*High incidence of morphological placental defects in  $AM^{+/-}$  intercrosses.* During the process of implantation, fetal mural trophoblast cells lining the blastocyst differentiate into invasive TGCs, which burrow into the maternal uterine wall and demarcate the transi-

**Figure 6**

Fetal *AM* gene expression is upregulated in invasive TGCs. (A) Fluorescence microscopy of preimplanting blastocysts generated from an *AM*<sup>+/-</sup> intercross and flushed from the uterine horn of an *AM*<sup>+/-</sup> female at E3.5. Note the strong fluorescence present in both mural and polar trophoctoderm cells and a fainter signal in the inner cell mass. The left blastocyst is *AM*<sup>-/-</sup> and has approximately twice the intensity of fluorescence as the right *AM*<sup>+/-</sup> blastocyst. (B) Confirmation of TGC differentiation in a TS cell line using *Hand1* and *proliferin* gene expression markers. Results from the quantitative RT-PCR experiment show the fold change in gene expression in differentiated TGCs compared with that in the undifferentiated TS cell culture, which was arbitrarily set at 1. (C) Quantitative measurement of *AM* gene expression in differentiated TGCs compared with that in the undifferentiated TS cell culture. All data were normalized to a GAPDH internal control. \*\**P* < 0.001 compared with undifferentiated TS cells.

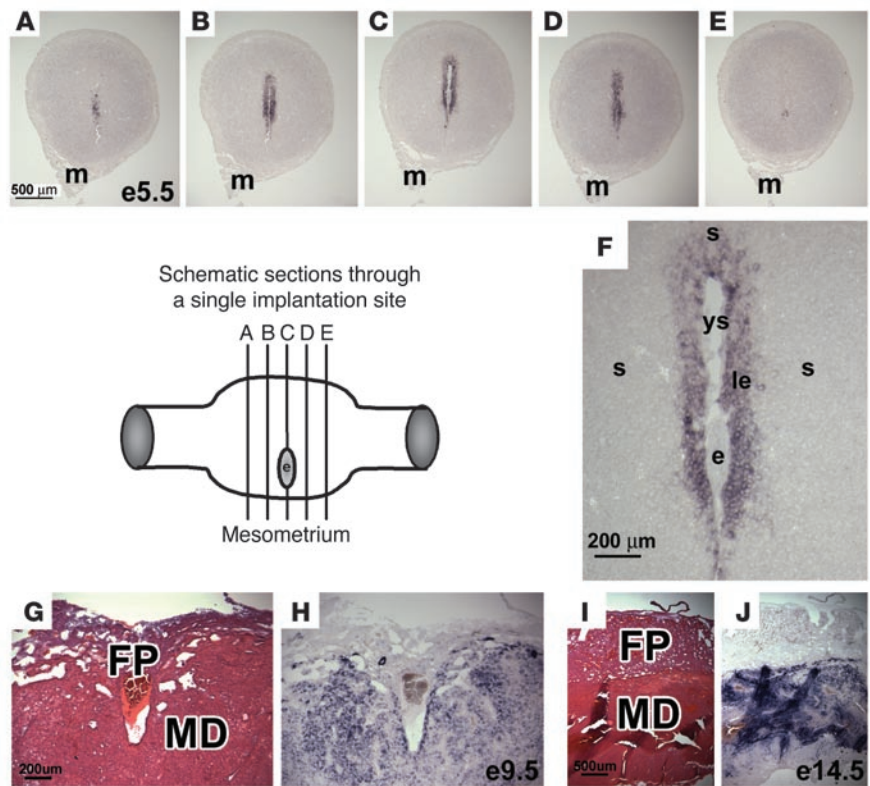
decidua (Figure 5, G and H) and completely lacked the normal histological characteristics of a wild-type placenta. Finally, the spontaneous occurrence of twinning in mice is exceedingly rare and has previously been reported to be as low as 0.4% in an inbred strain (36). Remarkably, we found a high incidence of dizygotic twinning among *AM*<sup>+/-</sup> intercrosses (approximately 6%), which we interpret as the most severe manifestation of uterine overcrowding, placental sharing, and conjoined placentation (Figure 5J). Histological analysis of twinned conceptus units revealed significant FGR (Figure 5K), with 2 TGC-lined placentas sharing a single maternal decidua (Figure 5L). In all instances of morphologically abnormal placentation, we found evidence of fragile or partial maternal-fetal interfaces and misplaced TGCs. Taken together, these observations imply that the early processes of uterine spacing and TGC invasion during implantation are disrupted in *AM*<sup>+/-</sup> intercrosses, thus leading to poor maternal-fetal exchange and eventual FGR.

*Fetal AM gene expression is upregulated at implantation.* Since our fertility and developmental studies of *AM*<sup>+/-</sup> intercrosses demonstrated a significant effect of fetal *AM*<sup>+/-</sup> genotype on the incidence of FGR and abnormal placental development, we sought to characterize the relative levels of *AM* gene expression by fetal-derived preimplanting trophoctoderm cells and differentiated TGCs. Using an in vivo enhanced GFP (EGFP) biomarker that was inserted at the initiator methionine of the *AM* coding sequence during homologous recombination (35), we found robust levels of EGFP fluorescence (as a biomarker of *AM* gene expression) in the mural trophoctoderm cells of a preimplanting blastocyst (E3.5) (Figure 6A). The relative level of fluorescence in the trophoctoderm lineage was slightly higher than the levels observed in the inner cell mass. Based on the fact that *AM*<sup>-/-</sup> blastocysts carry 2 copies of the EGFP gene, we found that, as expected, they displayed approximately twice the intensity of reporter gene fluorescence as *AM*<sup>+/-</sup> blastocysts with only 1 copy of EGFP (Figure 6A), demonstrating an appropriate dose of the *AM* gene in preimplanting trophoctoderm.

To determine whether *AM* continued to be expressed by invading TGCs, we used a cell culture-based system in which murine trophoblast stem cells (TS cells; analogous to preimplanting trophoctoderm cells) are differentiated into invading TGCs by removal of FGF from the growth media (37). To confirm that our cell culture and differentiation conditions resulted in a population of cells enriched for the TGC lineage, we measured the relative gene expression of 2 TGC-specific markers, *Hand1* and *proliferin*, using real-time quantitative RT-PCR. As shown in Figure 6B, we found that the differentiated cell population expressed nearly 10-fold higher

tion from fetal placental tissue to maternal decidua tissue. Figure 5A shows the gross morphology of a wild-type conceptus unit in which the fetus and fetal membranes have been removed by dissection. Histological sections show that by E9.5, the wild-type placenta lies firmly anchored to the central portion of the underlying maternal decidua (Figure 5B), and the morphologically and functionally distinct layers of the placenta can be easily distinguished (Figure 5C). Placentas from normal, non-growth-restricted fetuses of all genotypes from *AM*<sup>+/-</sup> intercrosses were morphologically and histologically indistinguishable from those of wild-type placentas at all gestational stages examined (E8.5–E14.5; data not shown).

However, most of the growth-restricted embryos from *AM*<sup>+/-</sup> intercrosses also had marked morphological placental defects (Figure 5, D–L). Most commonly observed were closely spaced, conjoined placentas, which at the macroscopic level appeared as 2 interlocked deciduals within 1 conceptus unit (Figure 5D). Histology of the conjoined placentas showed fetal placental tissue from one conceptus inappropriately invading the adjoining maternal-fetal interface (Figure 5E). In all cases, the leading edge of the invading placental tissue was lined with TGCs immersed in large pools of maternal blood (Figure 5F). We also observed a high incidence of ectopic placentation, in which the fetal placental tissue hypertrophied and extended beyond the confines of the maternal



**Figure 7** Maternal uterine expression of *AM* is localized to implantation sites. (A–E) In situ hybridizations for *AM* gene expression in consecutive serial sections of an implantation site isolated from a wild-type cross at E5. The schematic diagram depicts the approximate location of the series of sections shown in A–E, which were each approximately 150 μm apart. Note the gradual increase in maternal uterine *AM* gene expression that peaked at the center of the implantation site in C next to the developing embryo. (F) High-power magnification of the implantation site shown in C. Note the presence of the embryo (e) and yolk sac cavity (ys). The fetal tissue is surrounded by a thin line of intense, punctuate staining, likely representative of mural TGCs. Maternal expression of *AM* can be visualized in the luminal epithelium (le) and surrounding stroma (s). H&E staining of wild-type placentas at E9.5 (G) and E14.5 (I), with corresponding in situ hybridizations of serial sections (H and J, respectively) showing robust *AM* expression in the maternal decidua (MD) compared with weak expression in the fetal placenta (FP). m, mesometrium.

levels of Hand1 and 75-fold higher levels of proliferin compared with the undifferentiated TS cell population. Consistent with these results, we also observed by microscopy an increase in extremely large, nucleated cells resembling TGCs (data not shown). Quantitative RT-PCR revealed dramatic (30-fold) upregulation of *AM* gene expression in differentiated TGCs compared with the undifferentiated TS cells. Taken together, these in vitro results indicate that the expression of *AM* is dynamically and markedly increased during the transition from mural trophoblast cells to invading TGCs, a process that occurs during implantation in vivo.

*Maternal uterine expression of AM is localized to implantation sites.* Because the reproductive and developmental phenotypes we observed occurred only in *AM*<sup>-/-</sup> females, we sought to characterize the pattern and level of maternal *AM* expression in the receptive uterus at implantation. In situ hybridization for *AM* was performed on serial sections from individual implantation sites collected from wild-type 129S6/SvEv females at E5. As shown in the consecutive images in Figure 7, A–E, uterine *AM* expression is strictly localized

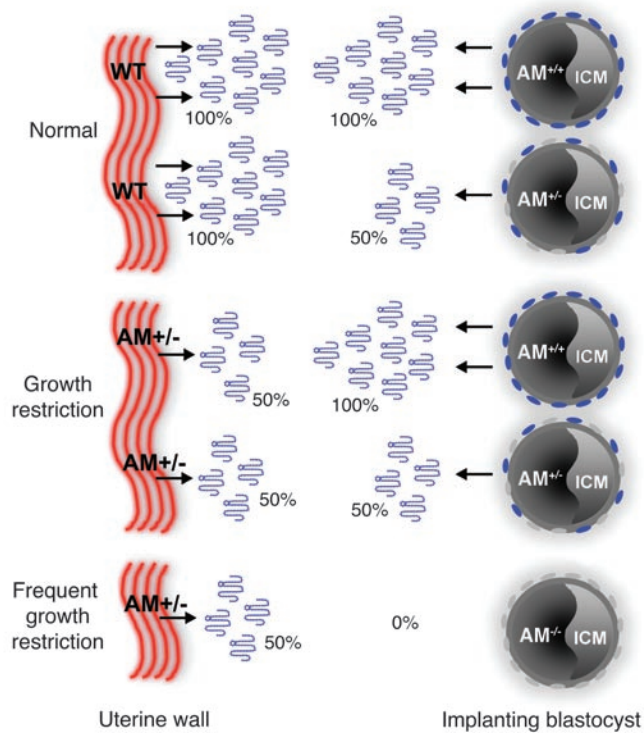
and concentrated around the implanting and developing embryo. Specifically, the luminal epithelium and several surrounding subepithelial cell layers of the stroma express high levels of *AM* (Figure 7F), which rapidly dissipate away laterally from the implanted embryo (Figure 7, A and E). The robust expression of *AM* in the maternal decidua, compared with weak expression in the fetal placenta, persists throughout development (Figure 7, G and H). These results demonstrate that maternal *AM* expression is tightly coordinated, localized to implantation sites, and persistently robust throughout development.

### Discussion

The process of implantation consists of characteristic increases in angiogenesis and vascular permeability around the blastocyst, which aid in the delivery of substances that are required for the establishment of the placental maternal-fetal circulation. Together these substances (including vasodilators, angiogenic factors, growth factors, tissue remodeling factors, and immune modulators) contribute to a localized environment that supports decidualization, invasion of fetal trophoblasts into the maternal tissue, and eventual placental development and fetal growth. The characterization of numerous genetically engineered mouse models with either maternal-derived or fetal-derived defects in implantation make it clear that biological signals from both mother and fetus are essential for maintaining the complex “maternal-fetal dialogue” that mediates these processes (8, 10). However, in nearly all of these models, the phenotypes only occur on a homozygous-null background. To our knowledge, this is the first report of reproductive defects that occur on a maternal

heterozygote background in which *AM* expression is modestly reduced, and so the implications of variation in *AM* peptide levels for human reproductive health are likely significant.

As summarized in Figure 8, our data show that *AM* peptide is highly expressed by both the maternal uterine luminal epithelium and the fetal trophoblast at the time and site of implantation. When female mice were wild-type for *AM*, we found normal fertility and no appreciable FGR, even when they were mated to *AM*<sup>+/-</sup> males. In contrast, a modest 50% reduction in uterine *AM* in *AM*<sup>+/-</sup> female mice caused significantly reduced fertility and FGR even in wild-type and *AM*<sup>+/-</sup> embryos, demonstrating a critical role for the dose of maternal *AM* on fetal growth. Genotype analysis from *AM*<sup>+/-</sup> intercrosses and results from reciprocal crosses using wild-type females mated to *AM*<sup>+/-</sup> males did not reveal a significant dose effect of heterozygous loss of fetal *AM* on fertility or fetal growth. However, the incidence of FGR was significantly exacerbated when the implanting blastocyst was null for *AM*. These data suggest that fetal expression of *AM* also contributes significantly

**Figure 8**

Effects of maternal and fetal depletion of AM in pregnancy. In wild-type mice (Normal), AM gene expression is highly and coordinately upregulated in the maternal uterine luminal epithelium and surrounding stroma as well as fetal trophoblast cells at the time of implantation. Due to effective gene targeting of the AM gene, AM peptide secretion is reduced by 50% in the uterine wall of heterozygote females. This modest genetic reduction results in abnormal implantation spacing, morphological defects in placentation, FGR, and subsequent reduced fertility. Implanting blastocysts from *AM*<sup>+/-</sup> intercrosses can be of 3 genotypes, *AM*<sup>+/+</sup>, *AM*<sup>+/-</sup>, or *AM*<sup>-/-</sup>, and thus they contribute different amounts of AM peptide to the implantation site: 100%, 50%, or 0% of normal, respectively. Thus, the combined effects of maternal and fetal depletion of AM result in reduced and varying concentrations of AM peptide at the implantation site. While heterozygous loss of fetal AM does not significantly affect the incidence of FGR, a greater incidence of FGR is significantly associated with *AM*<sup>-/-</sup> embryos, suggesting an essential function for the peptide during early embryonic development. ICM, inner cell mass.

to the early stages of embryonic development. Taken together, our data provide a genetic *in vivo* model that implicates both maternal and, to a lesser extent, fetal sources of AM peptide in mediating the complex process of implantation and early fetal growth.

The hallmark function of AM is mediation of vasodilation (38), and thus the most likely role for AM in the maternal uterine tissue is to promote blood flow to the implantation site. However, it is worth noting that AM is also an angiogenic factor (39–41) and has been shown to regulate vascular permeability *in vitro* (42), so that its contributions to maternal vascular remodeling and permeability that occur during implantation are likely several fold. In support of this notion, maternal AM expression has been localized to both the epithelium and endothelium of receptive uterine tissue (18) as well as stromal macrophages (43). The occurrence of conjoined placentation and our histological observation of “misguided” TGCs imply that AM, secreted either from maternal or fetal tissues, may act as a migratory factor for these cells during invasion. In support of this possibility, AM can be an effective chemoattractant and migratory factor for a variety of cell types (44, 45), including cultured choriocarcinoma JAr cells and first-trimester cytotrophoblast cells (46). Therefore, it is quite likely that maternally derived AM at the implantation site plays numerous roles in the establishment and maintenance of a normal pregnancy. Finally, it is worth considering that AM may mediate these processes through interactions with other molecular factors previously shown to be important for postimplantation development (for example, growth factors, vasoactive mediators, cytokines, adhesion and matrix remodeling factors, and/or transcription and cell cycle factors; reviewed in ref. 10).

Our previous studies showed an essential role for the *AM* gene for embryonic survival (35). The data presented in this study demonstrate that absence of AM in fetal tissues is also correlated

with an increase in the incidence of FGR during the early stages of gestation (Figure 4). In agreement with our findings, others have shown that injection of an AM peptide inhibitor, AM22-52, in the uterus of pregnant rats during early and late gestation caused significant FGR and demise (47, 48). However, it is not possible from these experiments to determine whether the effects of the inhibitor on fetal growth were due to inhibition of AM in the fetus, in the maternal uterine tissue or circulation, or in both. Significantly, Di Iorio and colleagues found that fetoplacental levels of AM peptide were increased in human patients with intrauterine growth restriction (49), while another group found no significant differences in fetal or maternal AM levels between normal pregnancies and pregnancies with FGR (50). Several other human studies have shown altered AM levels in the fetoplacental tissues associated with other types of pregnancy complications, such as spontaneous abortion (34, 51), gestational diabetes (52), and preeclampsia (53–57). Thus, the effects of fetal-derived AM on the outcome of pregnancy in humans have been difficult to define. These studies with mice establish a critical role for fetal-derived AM peptide in the early process of implantation and normal fetal growth and survival.

According to previous studies in mice, the earliest expression of AM in fetal tissues occurs at E8 in the heart (24) and at E6.5 in the TGCs and ectoplacental cone (25). Interestingly, Yotsumoto et al. also showed that the expression of AM in TGCs peaked at E9.5, the same gestational stage at which we observe FGR and demise (25). Using an *in vivo* EGFP reporter gene, we now extend these findings by showing that fetal AM is expressed in the trophoblast as early as E3.5 in preimplanting blastocysts. Using cultured TS cells, we also found that AM gene expression is profoundly increased during the differentiation of these cells into an invasive, TGC lineage. Similar studies using purified trophoblast cells from term human placentas have shown that these cells actively





secrete AM into the culture media for 48 hours and subsequently reduce their production of AM by 70% as the cells spontaneously differentiate into noninvasive syncytiotrophoblast cells (34). Taken together, these data show that expression and secretion of AM peptide from trophoblast cells is tightly and dynamically regulated during the early stages of implantation and support our current model, according to which the gene significantly affects fetal growth and development.

More clues about the function of AM in early gestation can be gathered from the expression profiles of other genes that are required for AM signaling. The AM signaling system consists of CLR and its associated RAMPs (RAMP2 and RAMP3). Association of CLR with either RAMP2 or RAMP3 confers specificity for AM binding, while association with RAMP1 changes the ligand binding specificity to another related vasodilator called calcitonin gene-related peptide (CGRP) (58, 59). Consequently, in this novel paradigm of signaling, the spatial and temporal expression of the RAMPs with the CLR receptor is what dictates tissue responsiveness to AM peptide. Using Northern blot analysis, Yotsumoto et al. found high levels of CLR expression in late-gestation mouse embryonic samples but little to no expression in E7 samples that contained both embryonic and extraembryonic tissues (25). The authors speculated that the lack of CLR in the same fetal tissues that highly secrete AM peptide signifies a paracrine mode of action (19, 60). In contrast, Tsatsaris et al. used RT-PCR to show high expression of CLR in extravillous trophoblast cells isolated from first-trimester human placentas, suggesting the possibility of an autocrine, fetal function for AM (26). In preliminary breedings of mice heterozygous for deletion of the *Calcr1* gene (61), we also find reduced fertility that is independent of homozygous embryonic lethality, suggesting an overlapping role for the AM receptor gene in reproductive outcomes (R.T. Dackor and K.M. Caron, unpublished observations). Perhaps most compelling have been studies that show an increased expression of the RAMPs in pregnant versus nonpregnant rat uterus (62) and a remarkable 30- to 45-fold increase in murine uterine RAMP3 expression with estradiol treatment (63). Results from these expression studies suggest a signaling mechanism, in part regulated by sex steroids (64, 65), that is capable of directing the dynamic modulation of AM responsiveness during implantation, fetal development, and pregnancy.

In general, the abnormal placental phenotypes we observed imply that AM peptide at the implantation site is involved in the early stages of trophoblast invasion and guidance of developing placental tissue through the uterine luminal epithelium. Specifically, we found shallow placentation, fragile maternal-fetal interfaces, and ectopic growth of placental tissue beyond the decidual boundary (Figure 5). Similar defects in trophoblast invasion and placental development are thought to underlie several reproductive diseases in humans. Most notably, shallow invasion of spiral arteries leading to a poor maternal-fetal placental interface is associated with preeclampsia. In contrast, placenta accreta is a condition in which overgrowth of the placenta beyond the boundary of the decidua basalis causes adherent placental tissue to abnormally attach to the uterine wall. Both preeclampsia and placenta accreta are associated with significant maternal mortality and fetal complications, yet the etiological or genetic factors leading to these conditions remain unclear. Genetic polymorphisms in the human *AM* gene have been associated with alterations in basal blood pressure and diabetic nephropathy (66, 67). Thus, our current studies with heterozygote mice that have a genetic reduction in *AM* expression not only pro-

vide insights into the role AM has in the processes of implantation and fetal growth but further raise the intriguing possibility that modest alterations in *AM* gene expression in the human population may contribute significantly to overall reproductive health.

## Methods

**Mice.** Generation of mice with a targeted, homozygous deletion of the *AM* gene has been previously described (35). The *AM*<sup>-/-</sup> line is maintained as a heterozygote breeding colony on an isogenic 129S6/SvEv background. Unless otherwise stated, experimental and control animals were strain- and age-matched and born from *AM*<sup>+/-</sup> intercrosses. For timed pregnancies, heterozygote *AM*<sup>+/-</sup> or wild-type 129S6/SvEv breedings were established, and the day when the vaginal plug was detected was considered E0.5. Genotyping was performed by a 3-primer, PCR-based strategy: primer 1: 5'-CAGTGAGGAATGCTAGCCTC-3'; primer 2: 5'-GCTTCCTCTTGCAAACCACA-3'; primer 3: 5'-TCGAGCTTCCAAGGAAGACCAGG-3'. Primers 1 and 3 amplify a 1.8-kb wild-type product, while primers 2 and 3 amplified a 1.3-kb targeted product. All experiments were approved by the Institutional Animal Care and Use Committee of The University of North Carolina at Chapel Hill (UNC-CH).

**Blastocyst transfer.** Blastocyst transfer experiments were performed as previously described (68). Briefly, 3.5-day-old blastocysts were collected from uteri of superovulated C57BL/6 donor female mice purchased from Harlan. Fourteen to 16 blastocysts were transferred into the uteri of 8- to 12-week-old *AM*<sup>+/-</sup> females or wild-type recipient females anesthetized with avertin (0.5 mg/g body weight) at pseudopregnant day E3.5. In breedings with vasectomized males, the morning of the vaginal plug was designated as day E0.5. Recipient females were euthanized 5 days later, and the number of implanted blastocysts in the pregnant mice was calculated.

**Histology.** Placentas were fixed in 4% paraformaldehyde, dehydrated, and embedded in paraffin. Five-micrometer sections were stained with H&E.

**TS cell culture and differentiation.** TS cells ( $1 \times 10^5$ ) were seeded on a 60-mm dish and grown at 37°C under 95% humidity and 5% CO<sub>2</sub>. TS cell medium contained 20% FBS, 1 mM sodium pyruvate, 50 µg/ml penicillin/streptomycin, 100 µM β-mercaptoethanol, 25 ng/ml FGF4 (F8424; Sigma-Aldrich), and 1 µg/ml heparin (H3149; Sigma-Aldrich) in RPMI 1640 (Invitrogen), with 70% of the medium being preconditioned by incubation with mouse embryonic fibroblasts for 72 hours. To differentiate TS cells into TGCs, the TS cells were grown in TS medium that was not preconditioned and lacked FGF4 and heparin. After 5 days of culture, TS cells and differentiated TGC cells were washed with PBS and collected for RNA extraction.

**Gene expression analysis.** *Hand1*, *proliferin*, *AM*, and *Calcr1* gene expression were analyzed by quantitative RT-PCR with the Mx3000P from Stratagene. Primers for *Hand1* amplification were 5'-GGATGCACAAGCAGGTGAC-3' and 5'-CTCGAGAAGGCATCAGGGTACT-3'. The probe sequence for *Hand1* detection was 5'-FAM TCGTCCCCTTCTTGCTCTGCG-TAMRA-3'. Primers for *proliferin* amplification were 5'-CAAGCCAGGCTCACACACTA-3' and 5'-GATCGTCCAGAGGGCTTTCC-3'. The probe sequence for *proliferin* detection was 5'-FAM-TGAAATCAGGAGCCATGATTTTGGATGC-TAMRA-3'. Primers for *AM* amplification were 5'-GAGCGAAGCCCA-CATTTCGT-3' and 5'-GAAGCGGCATCCATTGCT-3'. The probe sequence for *AM* detection was 5'-FAM-CTACCGCCAGAGCATGAACCAGGG-TAMRA-3'. *GAPDH* served as an internal control, and the reagents were purchased from Applied Biosystems (part number 4308313).

RNA was isolated from TS cell cultures and differentiated TGC cultures with an RNeasy Kit (74104; QIAGEN) and subsequently DNase treated (79254; QIAGEN). Two hundred nanograms of total RNA was used in each reaction. The ΔΔCt method was used to determine the relative levels of gene expression, and values were expressed as the fold change over TS cell expression, normalized to whole placenta RNA and arbitrarily set at 1. Assays were repeated 3 times, each with triplicates.



**In situ hybridization.** Wild-type 129S6/SvEv female mice at E4.5 were euthanized 5 minutes after tail vein injection of 1 ml 0.5% Evans blue dye. Uteri were fixed in 4% paraformaldehyde overnight and 30% sucrose in diethylpyrocarbonate-PBS (DEPC-PBS) overnight. Blue implantations were serially cryosectioned (20  $\mu$ m). Sense and anti-sense RNA probes were synthesized from a plasmid containing 524 bp cDNA sequence spanning the 3 coding exons of the AM gene. Nonradioactive in situ hybridization reagents were used (1745816, 1585762, 1093274; Roche Diagnostics). Following prehybridization, sections were hybridized to digoxigenin-labeled AM sense or antisense RNA probes for 12–16 hours at 60°C. After washing, the sections were incubated with anti-digoxigenin Fab-AP diluted 1:2,000 in blocking buffer at room temperature for 2 hours. After washing, the sections were developed in nitroblue tetrazolium/5-bromo-4-chloro-3-indolyl phosphate (NBT/BCIP) solution in the dark overnight, then rinsed several times in PBS at room temperature and mounted. Sections hybridized with the sense probe served as negative controls and showed no positive signal.

**Statistics.** Statistical analyses were performed with JMP software (SAS). One-way ANOVA was used to determine significance at  $P < 0.05$ . In all figures, error bars represent SEM.

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